

# 個別晤談服務意見回饋表

## User Feedback Form for the Counseling Service

很高興本中心有機會為您提供個別晤談的服務，更感謝您願意再多花一點時間給予我們回饋，期待透過您的寶貴意見以改善與提升本中心的服務品質，您所填寫的資料會得到周延的保密，絕對不會直接給輔導老師或中心工作人員以外的任何人看，謝謝您!!

**Thank you for providing feedback on our counseling process. The information you provide in this form will be highly confidential, and we will not disclose it to anyone other than the staff or the consultants in the center. Thank you!**

中興大學健康及諮商中心 敬啟  
NCHU counseling Center

### 一、基本資料 Personal information :

1. 填表日期 Date (yy/mm/dd) :
2. 性別 Gender : ( ) 男 male ( ) 女 female
3. 輔導老師 Your Counselor's Name \_\_\_\_\_
4. 這是你與這位輔導老師第幾次的個別晤談 How many times you talk with your counselor ? \_\_\_\_\_
5. 晤談的議題(可複選) Topics of the counseling service? (multiple choices is available)
  - ( ) 家庭議題 Family Relationship(s) ( ) 人際關係 interpersonal relationship(s)
  - ( ) 感情議題 Intimate Relationship(s) ( ) 自我了解 self-exploration
  - ( ) 測驗解釋 explanation of psychological test ( ) 課業議題 learning
  - ( ) 生涯探索與規劃 career exploration ( ) 壓力與情緒調適 stress and emotion management
  - ( ) 其他 others \_\_\_\_\_

其他問題在背面，請翻面繼續填寫，填寫完畢後請沿此對摺，投入本中心的回收信箱。謝謝!!

There are more in the back!

Once you finish it, please fold the form and put it into the mailbox we set in the center, thank you!

## 二、個別諮商服務 questionnaires for counseling service :

		極不符合	↔				↔			極符合
		Definitely no	↔				↔			definitely yes
		1	2	3	4	5				
		0%	25%	50%	75%	100%				
1.	申請個別晤談時的服務品質 The quality of applying for the counseling service									
	a. 當我進入健康及諮商中心時，有人親切的接待我並指引我 When I enter the center, someone come and guide me warmly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	b. 在我申請時，工作人員能讓我清楚了解流程與注意事項 When I apply for the service, staff help me to know better about the procedures and things to be aware of.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	c. 從提出申請到進行晤談之間，我覺得並沒有等候太久... From application to counseling, I didn't wait too long.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
2.	健康及諮商中心的硬體設施與空間 the software and hardware of the center									
	a. 我覺得等候晤談室的大廳太吵雜、太多干擾 I think the waiting room is too loud.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	b. 我覺得晤談室的空間溫馨、舒適 The space of the counseling room makes me feel comfortable.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
3.	在個別晤談過程中，你的感受是? How do you feel during the counseling process?									
	a. 老師的態度親切友善 The counselor's attitude is friendly.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	b. 老師能夠深入了解我，以及發生在我身上的事情 The counselor understands what happened to me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	c. 我覺得老師相當具有專業知識與技巧 I think my counselor is professional and has the related knowledge.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	d. 我覺得老師能站在我的立場幫助我 I think the counselor supports me and warmly regards me.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
4.	個別晤談給你什麼樣的幫助? The quality of the counseling service									
	a. 讓我對自己和未來更有信心和希望 I am more confident about myself and the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	b. 知道我該怎麼面對我所面臨的情境或問題 I know how to handle the situation I am facing.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	c. 我對自己有新的了解或領悟 I am more aware of my personal characteristics, abilities and interests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
	d. 整體而言，到健康及諮商中心接受個別諮商晤談對我有幫助... Over all, the counseling service is very helpful.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
5.	未來當我有需要時，我願意再度申請健康及諮商中心的個別晤談服務 I would like to come over second time if I need the service again in the future.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				

三、在諮商過程中給您最大的幫助為何？

What's the biggest help we gave to you during the counseling process?

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四、請用簡短的幾句話，告訴我們，在諮商過程中您還有哪些感受與想法？

Please briefly tell us any thoughts you have during the counseling process.

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五、為了幫助諮商師專業上的精進，您想給心理師的建議為何？

To help improve counselor's proficiency, any advice you would like to give them?

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六、針對健康及諮商中心的建議為何？

Any advice you would like to give for the health and counseling center?

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很感謝您填寫這份回饋表 thank you for your time filling this form!