

國立中興大學學務處健康及諮商中心

Health and Counseling Center, Office of Student Affairs, National Chung Hsing University

精神醫療服務使用規則說明

Guidelines for the Use of Psychiatric Medical Consultation Services

一、預約方式及規則：Appointment Procedures and Rules:

1. 請親自到健康及諮商中心填表申請。
1. Please apply in person at the Health and Counseling Center by filling out the application form.
2. 每學期以申請一次為限，若因故無法前來時，須於諮詢日前三個工作天來電取消(04-22840241 轉 41)或更改或候補其他時段，僅能更動一次，若無故未到當學期則無法再申請。
2. Each person may apply only once per semester. If you are unable to attend your appointment, you must call to cancel or reschedule at least three working days before the consultation date (Tel: 04-22840241 ext. 41). You may reschedule only once. If you miss the appointment without notice, you will not be allowed to apply again during the same semester.
3. 候補規則：若欲預約時段額滿，將開放每時段 3 位候補名額，並將於諮詢日一天前以簡訊通知，請務必於收到簡訊後回覆是否能如期出席。無候補成功者則不另行通知。
3. Waitlist Policy: If all appointment slots are full, a maximum of three people per time slot may be placed on the waiting list. Notification will be sent via SMS one day before the consultation date. You must reply to confirm your attendance. If you do not successfully obtain a waitlist slot, you will not be notified.

二、諮詢時間：每次諮詢時間約為 40 分鐘，每人每學期諮詢次數以 1 次為限。

Consultation Duration: Each consultation session lasts approximately 40 minutes. Each person is limited to one session per semester.

三、保密原則：您的資料與會談內容，本中心、專業輔導人員與精神科醫師有責任為您保密；但若有危及自己或他人之生命、自由、財產、及安全，或法律規定必須通報之事項則不在此限，必要時得依相關規定介入處遇與通報。

Confidentiality Policy: All personal information and session content will be kept confidential by the center, professional counselors, and psychiatrists. However, exceptions will be made if there is a risk to your own or others' life, freedom, property, or safety, or if disclosure is required by law. In such cases, appropriate interventions and reports may be made in accordance with relevant regulations.

四、諮詢費用：本中心對本校學生及教職員之精神醫療諮詢服務不收取任何費用。

Consultation Fees: Psychiatric consultation services are free of charge for NCHU students, faculty, and staff.

五、此項諮詢服務僅提供本校教職員工生本人進行學生精神醫療相關諮詢，**若需開立診斷證明、用藥…等精神醫療行為，請逕行前往各醫療院所。**

Scope of Services: This consultation service is only available to current NCHU students, faculty, and staff for matters related to student psychiatric health. **If you require diagnostic certificates, medication, or other psychiatric medical treatments, please consult an external medical institution.**