與健康講堂

【校園愛滋防治宣導講座】

Hsing-Health Lecture

the Campus AIDS Prevention and Control Promotion Seminar



青春無惑,從知識出發,健康隨行

Youth Without Confusion: Starting with Awareness, Protecting Health Every Step of the Way



關係怎麼拿捏?界線怎麼守護?風險怎麼預防? 以輕鬆有感的方式,帶你認識青春中常見但不常說的健康議題。 從自我保護到安心選擇,無論你是學生還是教職員, 都值得一起來聽聽—— 這些「不好說」的事,其實很值得知道!

How do you navigate relationships? How do you maintain boundaries? How do you prevent risks?

In a relaxed and relatable way,

we will explore common yet often unspoken health issues during youth.

From self-protection to making safe choices,

whether you are a student or a faculty member,

it's worth taking the time to listen—

these "hard to talk about" topics are actually very important to know!

College of Medicine IF, Floor Auditorium

講師:臺中市衛生局愛滋防治特聘講師

Course Instructor: Taichung City Health Bureau

主辦單位:
Organizer:



國立中與大學學生事務處健康及諮商中心

National Chung Hsing University National Chung Hsing University Office of Student Affairs Health and Counseling Center



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